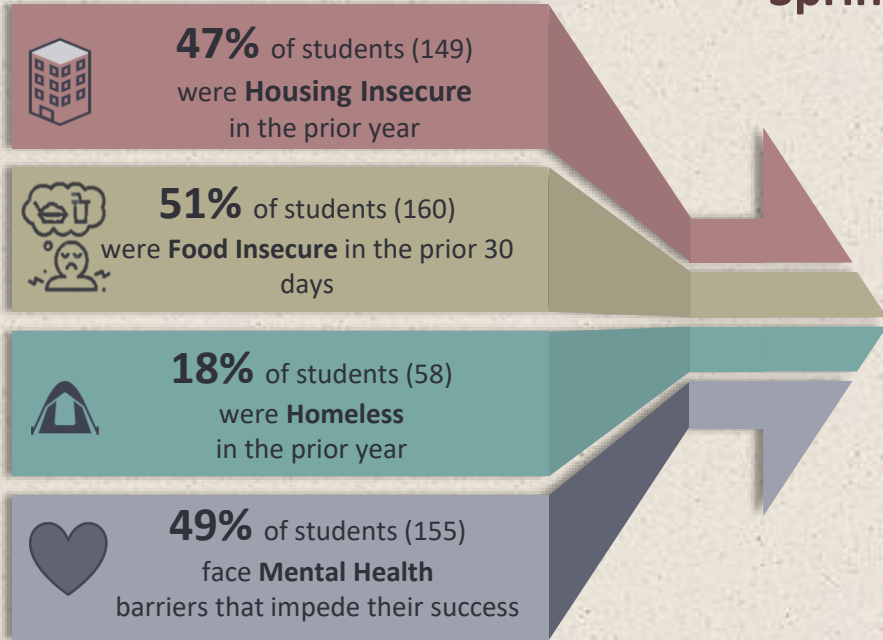
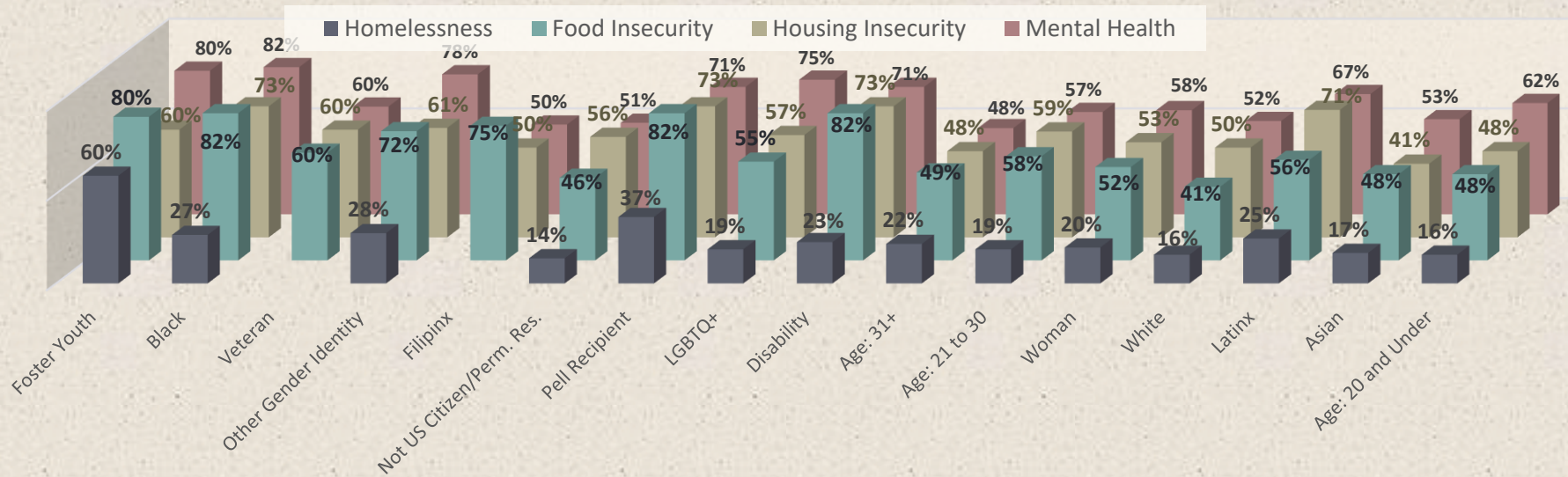
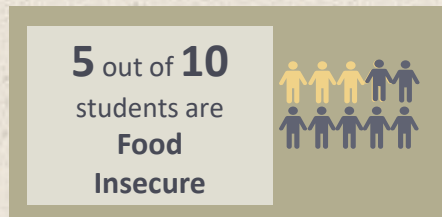


Survey of Basic Needs and Mental Health De Anza College Spring 2024



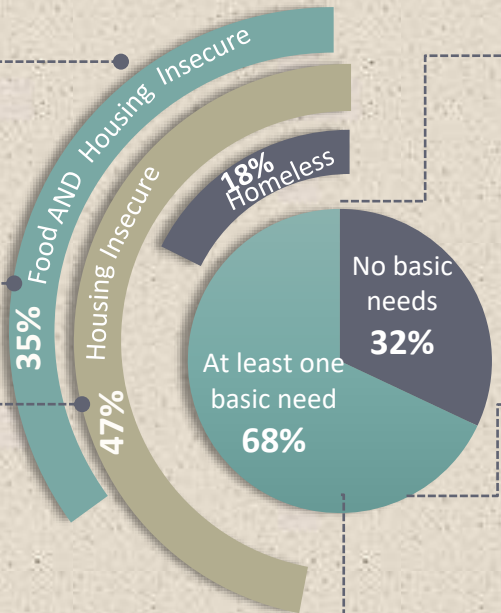
73%
of respondents (238) experienced at least one form of basic needs or mental health barrier in the past year



49% of students with **food insecurity** could not afford to eat balanced meals

20% of students with BOTH food and housing insecurities **received a PELL grant**

13% of students with **housing insecurity** indicated they **stayed in a vehicle** or other place not meant as housing

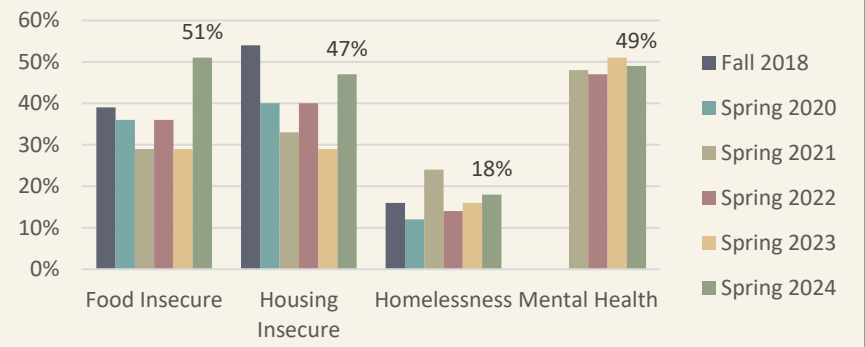


49% of students report that **mental health** is a barrier to their success

75% of students who identify as **LGBTQ+** report **mental health** as a barrier to their success

80% of **Foster Youth** students report **mental health** is a barrier to their success

Basic Needs & Mental Health: 2018 to 2024



Survey Background and Trends

The Basic Needs and Mental Health Survey was designed to assess food and housing insecurities and mental health as a barrier to success among De Anza students enrolled during spring 2024 quarter. The survey was administered via email and remained open for two weeks. A total of 315 responses were collected. Food and housing insecurity rates have increased from prior years, homelessness remained rather stable and mental health has decreased slightly.