

## CLASS OUTLINE – WEEK FOUR

- 9:30 am **Exam II**
- 10:00 am **Lecture/Discussion:** Bipolar Affective Disorder
- 10:40 am **Nursing Application:** Group Presentation on Bipolar Disorder Case Study
- 11:25 am **Break** (return at 11:55 am)
- 12:00 pm **Guest Speaker:** Sharon Lutman, R.N., MFC, on “Chemical Dependency and the Health Professional”
- 1:15 pm **Adjourn**

### NOTES & ANNOUNCEMENTS

#### Suggested Videos for Further Study in Marge’s Lab:

A series of three videos on Family Violence, Videos on Eating Disorders entitled “Dying to Be Thin” and “Healthy Women 2000”, Substance Abuse (set of four), OCD (Obsessive Compulsive Disorder), Physicians’ Perspective on Domestic Violence, Also, Anxiety Disorders, and Extrapiramidal Symptoms of Antipsychotics.

#### Study the Chapters using the Lecture Notes Outlines as a guide.

Remember to check your Week One class outline for medications to study. Know the drug actions, side effects and nsg implications, know the general categories to which these drugs belong (e.g. Tricyclics, etc.). Also study the nursing application (nursing process) including interventions for each disorder. Use your theory lecture outline as you review the chapters for important concepts. The “Mini-Reviews” in the Workbook are additional resources as well as the Guidelines for Studying located in the Workbook plus the Elsevier and HESI online resources.

#### Study Hints and Highlights for Exam II

Vocabulary and etiologies/theories of depression, nurses subjective response to depressed patient, assessment of depressed patient and suicide risk, Nsg Dx’s, and goals, Interventions and evaluation for depressed patient: ADL’s food, fluid, sleep etc. therapeutic communication for depressed patient, SAD PERSONS scale, given a scenario, be able to add up the numerical risk on the scale, assessment of suicide risk, questions to ask, misconceptions about suicide, nurses own subjective response, behavioral clues to risk of suicide, Nsg Dx, Goals and Interventions for suicidal patient, antidepressant meds including actions of neurotransmitters, S/E etc. patient and family teaching about meds, remainder of Chapter 3, Biological Basis for Psychotropic Drugs, e.g. typical vs. atypical antipsychotics.

**HESI CASE STUDY:** Review the HESI case study on “Alcoholism” and answer the case study questions before next Friday’s class. Bring any questions for clarification to class on June 20<sup>th</sup>.